



## **NAMI VETERAN PEER-TO-PEER**

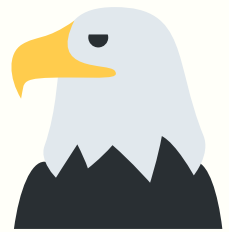
*A FREE EIGHT-WEEK CLASS FOCUSED ON MENTAL HEALTH, WELLNESS, AND RECOVERY FOR VETERANS & MILITARY SERVICE MEMBERS EXPERIENCING A MENTAL HEALTH CONDITION.*

**DATES: SEPTEMBER 28- NOVEMBER 16, 2022**

**SCHEDULE: WEDNESDAYS, 6:30 PM - 8:30 PM**

**LOCATION: ONLINE VIA ZOOM**

**[CLICK HERE TO REGISTER!](#)**



- Share experiences with peers who are also working on their recovery
- Gain further understanding about mental health
- Gain knowledge and skills to help cope with difficult circumstances
- Learn how to actively participate in your treatment plan
- Learn how to strengthen interpersonal relationships
- Experience new hope and inspiration in regards to recovery