



NAMI VETERAN PEER-TO-PEER

A FREE EIGHT-WEEK CLASS FOCUSED ON MENTAL HEALTH, WELLNESS, AND RECOVERY FOR VETERANS & MILITARY SERVICE MEMBERS EXPERIENCING A MENTAL HEALTH CONDITION.

DATES: JANUARY 12TH- MARCH 1ST, 2023

SCHEDULE: WEDNESDAYS, 6:30 PM - 8:30 PM

LOCATION: ONLINE VIA ZOOM

[CLICK HERE TO REGISTER!](#)



- Create and work towards personal goals
- Gain further understanding and insight about mental health
- Gain knowledge and skills to navigate challenging experiences
- Share experiences with Veterans who are working through their recovery